

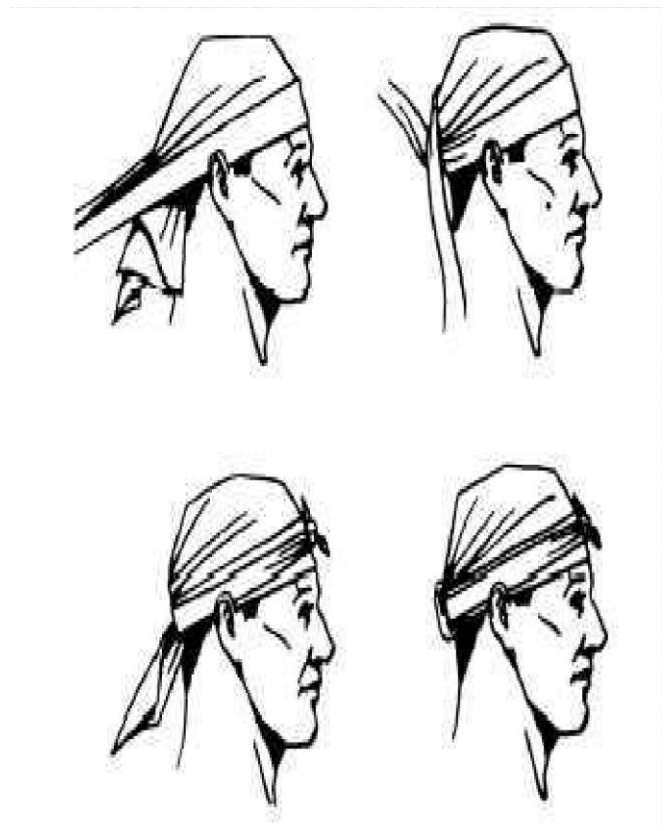
FIRST AID 7 - BANDAGES 1

Bandages have three key uses: applying pressure to bleeding wounds; covering wounds and burns; and providing support and immobilization for broken bones, sprains, and strains. These includes gauze, triangular, Elastic, and tubular bandage.



HEAD TOP (FOR HEAD INJURIES)

- Fold the base at least 2-3"
- Place folded base aligned with eyebrows
- Pull back and cross-over at the back, tucking apex beneath
- Pull both ends in front/secure with a square knot at the centre of the folded base/tuck ends
- Pull down apex (tuck sides neatly)
- Tuck apex neatly at cross-over area



TRIANGULAR BANDAGES:

